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## Hamish's Mountain Walk

The First Traverse of the Munros in a Single Journey



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Hamish's Mountain walk describes the first complete traverse of the Munros (mountains in Scotland attaining a height of 3000 feet) in a single journey. The book is a classic of outdoor and mountaineering literature and describes not only the intricacies and challenges of the journey but also the history of the area and much else of interest.

Hamish Brown is a distinguished mountaineer, traveller, lecturer, author, editor and poet. He has written extensively on both Scotland and Morocco. In 1997 he received an Honorary Degree of Doctor of Letters from the University of St Andrews. In 2000 he was made an MBE and a Fellow of the Royal Scottish Geographical Society. In 2007 he was awarded an Honorary Degree from the Open University.