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At The Edge

Walking the Atlantic Coast of Ireland and Scotland



Pub. Date	15th April 2009
Series	Non-Fiction
Publisher	Sandstone Press Ltd
Location	Dingwall, Scotland, United Kingdom
Title Author	Joseph Murphy
Foreword By	Risteard Mac Gabhann
BIC-code	WTB
Category	places & peoples: general interest
Format	Paperback
	214 x 138 x 24 mm
Illustrations	16 Illustrations, black & white 16 Illustrations, colour
Extent	384pp
RRP	£11.99
ISBN-13	978-1-905207-22-0
Distribution	BookSource 50 Cambuslang Road Cambuslang Glasgow G32 8NB United Kingdom (T) 0845 370 0063 (F) 0845 370 0064 (E) customerservice@booksource.net

At the Edge tells the story of a 1500 kilometre walk from the southwest corner of Ireland to the northwest corner of Scotland. By following the Atlantic coast all the way, Joseph links the most vibrant Gaelic communities. Reflections on identity, culture and sustainability make this a unique and memorable book. It will appeal particularly to those with Irish or Scottish heritage and no doubt some will want to do the journey themselves - although perhaps not on foot.

Joseph Murphy works in the Sustainability Research Institute at the University of Leeds. He has a PhD in environmental politics and before taking up his current position was Senior Research Fellow at Mansfield College, University of Oxford. A keen walker and enthusiast for long-distance trails, he has hiked coast-to-coast across the Pyrenees twice. At the Edge is his first book for a wider audience and the route is the longest he has completed.